

Doctor Bike Patient Checklist

Frame:

No cracks or bends	No excessive corrosion
Derailleur hanger not bent	Dropout OK

Forks

Straight (test ride)	Not impacted back
Dropout OK	

Front wheel:

Secure in dropout	Centred
No play	True
Free	Tyre in good condition
Pumped up	No loose spokes
Rims not cracked	

Rear wheel:

Secure in dropout	Centred
No play	True
Free	Tyre in good condition
Pumped up	No loose spokes
Rims not cracked	

Front brake:

Solid and responsive	Blocks not worn
Cable tidy and safe	Disc not corroded
Blocks correctly aligned	Fixing bolts secure
Centred	

Rear brake:

Solid and responsive	Blocks not worn
Cable tidy and safe	Disc not corroded
Blocks correctly aligned	Fixing bolts secure
Centred	

Headset:

No play	Free
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Saddle:

Straight	Adjusted correctly for rider
Secure	In good nick

Handlebars:

Adjusted correctly for rider	Straight
Levers, etc adjusted correctly	

Pedals:

On tight	Free
Spindles not bend	No play

Chainset:

Bottom bracket free	No play
Chainrings Fastened securely	Cotter pins secure

Chain:

Correct length	Not worn
Lubricated	No stiff links

Rear gears:

End-stops correctly set	Shifting correctly
Lubricated	Cable safe and tidy

Front gears:

End-stops correctly set	Shifting correctly
Lubricated	Cable safe and tidy

Front suspension:

No play	Free movement
Sag adjusted correctly for rider's weight and use	

Rear Suspension:

No play	Free movement
Sag adjusted correctly for rider's weight and use	

Front lamp:

Clean	Working
Legal	

Rear lamp:

Clean	Working
Legal	

Rear reflector:

Clean	Legal
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Mudguards:

Secure	Not fouling wheels
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Chain guard:

Secure	Not fouling transmission
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Carrier:

Secure	
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Accessories:

Securely fastened	Not fouling mechanisms
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Doctor Bike Check-Up Report

Recommended Action